

CHORAL ANTHEM *There Is a Balm in Gilead*

SCRIPTURE Isaiah 40:28-31
Mark 1:29-39

HYMN (*remain seated*) *Jesus' Hands Were Kind Hands* No. 273

SERMON GRASSHOPPERS AND EAGLES Rev. Rich Bolin

OFFERING
 Call to Stewardship and Mission
 Offertory *Be Thou My Vision* Trad. Irish song/arr Mark Hayes
 Doxology/Prayer of Dedication "Old 100th" Hymnal, No. 95

THE SACRAMENT OF HOLY COMMUNION
 The Great Thanksgiving Hymnal, page 15
 Sharing the Bread and Cup
 Communion *10,000 Reasons (Bless the Lord)* Myrin & Redman, arr. Mark Hayes

*CLOSING HYMN *In the Midst of New Dimensions* TFWS #2238

*BENEDICTION
 Renewed and strengthened,
 let us go forth with faith and hope.
**Lifted by God, renewed by Christ,
 we go to be signs of love and grace.**

RESPONSE *I Have Decided to Follow Jesus* verse 3 TFWS #2129
***Though none go with me, still I will follow, though none go with me, still will I follow,
 though none go with me, still I will follow no turning back, no turning back.***

POSTLUDE *Alla Maestoso* Chester Nordman
**Please stand as able.*

Music Director: Julia Burns Piano/Keyboard: Dennis Eiler Organist: Brad Bettencourt

Today's Scripture

Isaiah 40:28-31

Have you not known? Have you not heard?
 The LORD is the everlasting God,
 the Creator of the ends of the earth.
 He does not faint or grow weary;
 his understanding is unsearchable.
 He gives power to the faint,
 and strengthens the powerless.
 Even youths will faint and be weary,
 and the young will fall exhausted;
 but those who wait for the LORD shall renew
 their strength,
 they shall mount up with wings like eagles,
 they shall run and not be weary,
 they shall walk and not faint.

Mark 1:29-39

As soon as they left the synagogue, they
 entered the house of Simon and Andrew, with
 James and John. Now Simon's mother-in-law
 was in bed with a fever, and they told him
 about her at once. He came and took her by
 the hand and lifted her up. Then the fever

left her, and she began to serve them.

That evening, at sunset, they brought to him
 all who were sick or possessed with demons.
 And the whole city was gathered around the
 door. And he cured many who were sick with
 various diseases and cast out many demons;
 and he would not permit the demons to speak,
 because they knew him.

In the morning, while it was still very dark,
 he got up and went out to a deserted place,
 and there he prayed. And Simon and his
 companions hunted for him. When they found
 him, they said to him, 'Everyone is searching
 for you.' He answered, 'Let us go on to the
 neighboring towns, so that I may proclaim
 the message there also; for that is what I came
 out to do.' And he went throughout Galilee,
 proclaiming the message in their synagogues
 and casting out demons.

Today's Liturgist: Rose Ann Steiner

This Sunday's pulpit preacher is
 Rev. Rich Bolin. He is a familiar
 face to our congregation and very
 welcome here. Thank you!



WEEK	ATTENDANCE					GIVING
	8:30	10:30	IN-PERSON	VIDEO	TOTAL	
01/07	31	70	101	38	139	\$ 7,783
01/14	32	77	109	33	142	\$ 4,360
01/21	39	53	92	45	137	\$ 4,959
01/28	35	63	98	13	111	\$ 2,029

Our Fiscal Year started July 1 Weekly Offering Needed \$6,038
 STEWARDSHIP REPORT: YTD Received \$199,820 Budgeted \$177,437
 Human Relations Sunday \$545

HOSPITALITY TIME

Today's Hosts:

**ENDOWMENT /
ELT**

**Next Sunday,
February 11**

**UNITED WOMEN
IN FAITH (UWF)**



THIS WEEK'S CALENDAR



First United Methodist Church of Arroyo Grande
 275 N. Halcyon Road, Arroyo Grande, CA 93420
 805 481-2692 fumcag@yahoo.com worshipweekly.com



February 4, 2024

10:30 AM

Mon	Feb 05	6:00 PM Gerry's Quilt Class-CH.
Tue	Feb 06	9:00 AM Senior Exercise-CH, 10:00 AM Sew n Sews-MMR, 11:00 AM Chair Yoga-CH, 1:00 PM Bible Study-CH, 5:00 PM Bell Choir Rehearsal-HR.
Wed	Feb 07	9:00 AM Senior Exercise-CH, 9:00 Church Work Morning, all invited-CH, 10:00 AM Fellowship Committee-Library.
Thu	Feb 08	9:00 AM Senior Exercise-CH, 5:00 PM Bell Choir Rehearsal-HR, 6:30 PM Chancel Choir Rehearsal-S.
Fri	Feb 09	10:30 AM Guy Oates Memorial Service--Sanctuary.
Sat	Feb 10	10:00 AM Tour Paulding House, 9:30 meet to carpool from church
Sun	Feb 11	8:30 AM Contemporary Worship Service-Sanctuary. 10:30 AM Traditional Worship Service-Sanctuary. Chili Super Bowl Takeout after each service-CH. Get tickets ahead.

Abbreviation Legend

CH--Criswell Hall

S--Sanctuary

K--Kitchen

L--Library---
Room #123

MMR--McMillen
Room #113

PS--Pastor's Study

HR--Handbell
Room #115

Fifth Sunday after Epiphany

PRELUDE *There's Something About that Name* Bill and Gloria Gaither
 INTROIT *I Have Decided to Follow Jesus* TFWS #2129

***I have decided to follow Jesus, I have decided to follow Jesus,
 I have decided to follow Jesus no turning back, no turning back.***

*CALL TO WORSHIP

God lifts up the weary!
God heals the brokenhearted.
 God wills that there be peace and justice on Earth.
We follow Jesus on the path of love.
 Come, let us worship the living God.

*OPENING HYMN *Praise to the Lord, the Almighty* No. 139

WELCOME

OPENING PRAYER

**Christ, our Healer,
 We are grateful for your Presence.
 Help us, heal us and inspire us
 to live with compassion for all people.
 Speak to us in worship and send us out with joy.
 Amen.**

CHILDREN'S MOMENT Carolyn Russell

A TIME OF PRAYER

Choral Call to Prayer Cares Chorus TFWS 2215
 Prayer/Lord's Prayer Cares Chorus TFWS 2215
 Choral Response Cares Chorus TFWS 2215

Sat Feb 10 Paulding Museum Tour with Jim Gregory. Sign up at Connections in Narthex.



Sun Feb 11 UWF Chili Bowl Sunday Take Out-- Delicious chili plus cornbread and dessert for two--all for \$20. Get your tickets now!



Sun. Feb 25 UWF Sunday at both services with Potluck luncheon after 2nd service. Please sign up ahead for potluck.

Sun Feb 25 2:00 PM "Indiana Jones and the Dial of Destiny" Free Movie; also free popcorn and refreshments. Sign up at Connections.

The rosebud on the altar is to announce the birth of Kinsley Layne Vecente GREAT Granddaughter of Peggy Bridges and GREAT-GREAT Granddaughter of Peg Gallop. Kinsley was born on Sunday, January 28th. Her parents are Brooke and Mason Vecente.

Tues Feb 13 Mardi Gras Party Shrove Tuesday Celebration. 5-8 PM, Criswell Hall.



Today's Altar Flowers are given by Bud Johnson

In Memory of Betty Johnson on her Birthday (89th)

For information on dedications and ordering flowers, please contact the church office.



Festivities * Food * Fun * Games * Prizes
 Mardi Gras Attire Encouraged. Sign up in Narthex at Connections. *free will offering*