

Positive Discipline

Would you like to feel more confident as a parent, caregiver, or teacher?
Do you want to raise a child that is responsible, respectful, and resourceful?
Do you want to learn practical methods for resolving challenging behaviors?

Answers to:

- ♥ "How to handle disruptions during meal times?"
- ♥ "How to end bed time struggles?"
- ♥ "How to solve problems without yelling or tears?"
- ♥ "How to tame temper tantrums?"
- ♥ "How to discipline my child without shame or blame?"
- ♥ "How to end morning and evening power struggles?"
- ♥ And many other day-to-day challenges...

THE SIX-WEEK POSITIVE DISCIPLINE SERIES IS BASED ON BEST SELLER BOOK
"POSITIVE DISCIPLINE" BY AUTHOR DR. JAN NELSEN.

**THE CLASSIC GUIDE TO HELP CHILDREN DEVELOP SELF-DISCIPLINE,
RESPONSIBILITY, COOPERATION AND PROBLEM-SOLVING SKILLS.**

The series will be lead by Maddy Quaglino and Rebecca Slocum; Certified Positive
Discipline Educators

Call for more information at 481-2223 or email: agumcc@sbcglobal.net

To read what parents have said about previous classes visit www.worshipweekly.com
and the link is Children's C enter then see "Positive Discipline".

Dates: 6 SESSIONS - *EVERY TUESDAY*, STARTING MARCH 4 THRU APRIL 8, 2014

Time: 6:00 - 8:00 pm.

Location: Arroyo Grande United Methodist Children's Center at 275 N. Halcyon Rd., Arroyo Grande

Pre Registration: \$40.00 per person or \$70.00 a couple (Includes Positive Discipline book and workbook)

Pre-Registration Deadline: Friday, February 28, 2014 **Questions Call:** 481-2223

On Site Registration: \$60 per person or \$100 per couple (Includes Positive Discipline book and workbook)

Cost of Childcare: \$10.00 per night per child - prior reservation required

Detach Form Below and Return with Payment

Please register me for your upcoming *Positive Discipline* class!

Name: _____ Payment: \$ _____ CH/Ck # _____

Address: _____

City: _____ State/Zip: _____

Phone: (____) _____ E-mail: _____

Childcare requested: **yes** or **no** Number of Child(ren) _____ Age of child(ren) _____

Please return payment and form to: AGUMCC

275 N. Halcyon Rd, Arroyo Grande, CA 93420

A reflection on the Positive Discipline book Series

What parents had to say about the Positive Discipline Book series.

- “ I really appreciated how the instructors showed how to implemented the strategies with the kids and what to say.”
- “I really like the suggestions, life experiences, and the patience that you have shown.”
- “ I wish we had more time.”

What they liked most about the experience? Sharing as a group

What parents said was the **most valuable thing** they gained from the series.

Support

Real life solutions,

Specific words to say in situations

To be patient

A plan to move forward

Ability to defuse tension

Self-control

Validating of feelings

The learning of tools for guidance without punishment.

Specific strategies presented in the book and then reinforced during class